

DEXA SCAN

NEW WEST PHYSICIANS HAS **TWO LOCATIONS** WHERE A DEXA SCAN CAN BE PERFORMED.

To schedule a DEXA appointment at our New West Physicians- Denver West practice located in Golden, CO call, (303) 233-8295.

To schedule a DEXA appointment at our New West Physicians - Arapahoe Internal Medicine office located in Littleton, CO call, (303) 730-3332.

PATIENT INSTRUCTIONS FOR BONE DENSITY EXAM (DEXA)

1. When calling for your DEXA appointment, please have in mind a few dates that would be convenient for you.
2. There is a weight restriction of 295 pounds. If you are over this weight, please ask your primary care physician for instructions.
3. Please arrive 15 minutes prior to your appointment time.
4. Wear clothing without any metal such as zippers, buckles, rhinestones, rivets or snaps. Warm-ups or clothing that has a drawstring waist are recommended. Women wearing bras with an underwire or metal clips will be asked to remove them. We recommend wearing a sports bra for this appointment.
5. Notify the technician if you have any metal implants such as hip or rod in place.
6. Jewelry is fine and will not need to be removed.
7. If you are unable to keep your appointment, please notify the office at least 24 hours in advance.
8. Your DEXA report will be sent directly to your referring physician. Any questions regarding your results need to be directed to your referring physician by calling their specific office.
9. Check with your insurance provider before coming to your appointment to make sure this is a covered benefit and to understand your copay/co-insurance and/or deductible.

Thank you for choosing New West Physicians!

PLEASE REMEMBER, THERE ARE TWO LOCATIONS WHERE DEXA SCANS ARE PERFORMED

Directions to the Denver West Family Practice and Internal Medicine Dexa Location

1707 Cole Boulevard #150 Golden, CO 80401 (303)233-8295

Coming from Denver (I-70 Westbound)

Take Westbound I-70 to the Denver West Exit (#263). Turn left onto Denver West Boulevard over the interstate. Turn left onto Cole Boulevard at the 2nd light. Take an immediate left into the 1st parking lot.

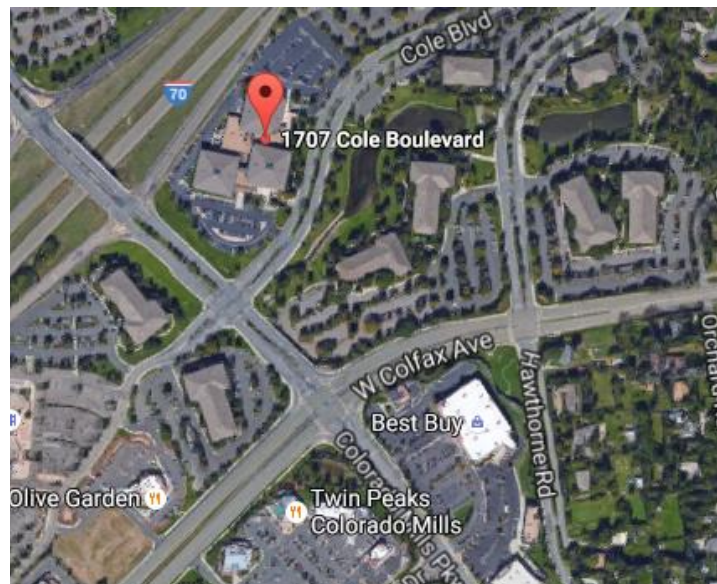
Coming from Evergree (I-70 Eastbound)

Take Eastbound I-70 to the Denver West Exit (#263), one exit passed Colfax. Turn right onto Denver West Boulevard. Turn left onto Cole Boulevard at the 1st light. Take an immediate left into the 1st parking lot.

Coming from Lakewood (East Colfax) Take Colfax west passed Simms and Youngfield. **DO NOT TURN ONTO COLE BOULEVARD FROM COLFAX!** Turn right onto Denver West Boulevard. Turn right onto Cole Boulevard at first light. Take an immediate left into the 1st parking lot.

Coming from Golden (West Colfax)

Take Colfax to Denver West Boulevard and turn left. Turn right onto Cole Boulevard at first light. Take an immediate left into the 1st parking lot.



Directions to the Arapahoe Internal Medicine Dexa Location

8199 South Park Lane Littleton, CO 80120 (303)-730-3332

Coming from Golden (C470 East Bound)

From CO-470/E470 E take the Lucent Blvd exit. Keep left at the fork, follow signs for Lucent Boulevard. Turn left onto Lucent Blvd. Turn right onto W County Line Road. Take the 1st left onto Southpark Lane. On Southpark Lane, take a left at the first stop sign. The building and parking lot will be on the right.

Coming from Lone Tree & Parker (C470 West Bound)

From C470/E470 W take the S Broadway exit. Turn left onto W County Line Road. Take the 3rd right onto Southpark Lane. On Southpark Lane, take a left at the first stop sign. The building and parking lot will be on the right.

Coming from Denver (US-85 S/Santa Fe Dr)

Off of US-85 S/S Santa Fe take a left onto W Mineral Ave. Turn right onto Southpark Lane. Follow Southpark Lane until #8199.

